

# Style

## HARNESS EARTH'S HEALING

Healing Earth, a market leader in natural wellbeing products and solutions, harnesses the power of the rich natural resources of Africa to create earth-, animal- and people-friendly spa products and lifestyle amenities. The brand creates the purest products for home, spa, and hospitality use, and runs flagship five-star wellness retreats around the world. Healing Earth products do not contain any artificial colours, chemicals, parabens, petrochemicals, synthetics, or other harmful ingredients. Only pure, organic botanicals and indigenous plant extracts are used in the holistic collection. [www.healingearth.co.za](http://www.healingearth.co.za)



## HEAVENLY RELAXATION

Situated on the 19<sup>th</sup> floor of The Westin Cape Town, Heavenly by the Westin, the hotel's in-house spa, promises the restoration of balance with a healing touch. From therapeutic massages to invigorating body treatments and cleansing facials, all treatments are designed to ensure that you get the absolute most out of your experience. The Heavenly Massage, the spa's signature treatment, is far removed from the run-of-the-mill full-body massage. Combining their signature three stone ritual in a Swedish style massage, the treatment focuses on areas of muscular tension while aiding relaxation. Aside from the extensive list of both classic and bespoke treatments, Heavenly invites guests to enjoy the sauna, Jacuzzi, and indoor pool with its breath-taking panoramic views of the city. Call +27 21 412 8200, or email [heavenlyspa@westin.com](mailto:heavenlyspa@westin.com) for more information.

## FOR THE LOVE OF WINE

Kunjani Wines in Stellenbosch is a product of a cross-continental love between a German entrepreneur and a South African businesswoman. Open to the public since 2017, the estate boasts a contemporary wine tasting facility and restaurant, and four guest cottages that offer the perfect breakaway for couples looking to escape the hustle and bustle of daily life. Kunjani's menu offers African-inspired dishes using an abundance of fresh, locally sourced produce. Situated conveniently close to Cape Town, Kunjani is surrounded by vineyards and breath-taking views, and with a name meaning "Hi, how are you?", Kunjani welcomes local and international guests with a warm reception. Visit [www.kunjaniwines.co.za](http://www.kunjaniwines.co.za) for more information.

## WIN

One lucky *Refined* reader will win one night's accommodation in a luxury self-catering cottage plus lunch for two at Kunjani Wines. To enter, SMS the word **REFINED**, followed by **KUNJANI** your **NAME** and **PROVINCE** to 35131. SMS charged at R1.50. Free and bundled SMS do not apply. Ts & Cs apply. Competition closes 31 May 2019. Prize excl. travel and extras.

